LSU INVITATIONAL
CROSS COUNTRY 3 MILE

SATURDAY, SEPTEMBER 25 AT 8:45 A.M
HIGHLAND ROAD PARK

Come out early and watch the LSU Lady Tigers run at 8 a.m. then stay after for the LSU Men at 9:30 a.m.

LSU Invitational Cross Country t-shirts to all entrants

Awards: Top finishing male and female. Top 3 in each age group.

Age Groups: **Men / Women**

19 and under
20- 29
30- 39
40- 49
50- 59
60- 69
70 and over

Drinks: Free PowerAde and fruit to all runners

Thanks to Club South Runners for race administration assistance.

Entry Form

Last Name First

Street Address or P.O. Box # Apt. #

City State Zip

M / F

Date of Birth Age Sex

Email Address

Circle Shirt Size: S M L XL

Registration Fee: $10 before September 25/$12 race day registration begins at 7:30 a.m.

Checks payable: LSU Track and Field T.A.F.

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against Club South Runners, officials or sponsors of the LSU Cross Country meet for injury or illness which may directly or indirectly result from my participation. I further state that I am in proper condition to participate in this event.

/ /

Runner's Signature Date

Parent or Guardian if under 18

Mail to: L.S.U. Marketing and Promotions
Attn: Jenni Peters
P.O. Box 25095
Baton Rouge, LA 70894-5095